

MEDICINAL INGREDIENTS:	
Each extended release tablet contains:	
Vitamin C (Magnesium ascorbate, Zinc ascorbate, Manganese (II ascorbate)	580 mg
Magnesium (Magnesium ascorbate)	42 mg
Zinc (Zinc ascorbate)	7.5 mg
Citrus Bioflavonoids (Citrus paradisi - Fruit peel, Citrus limon - Fruit peel, Citrus sinensis - Fruit peel)	300 mg
Manganese (Manganese (II) ascorbate)	3.75 mg
Copper (Copper (II) bisglycinate)	0.5 mg

90-day
UNCONDITIONAL GUARANTEE

Exclusively distributed in Canada by:



cinden.com



Doctor Wilson's Vitamin C Complex™

Buffered vitamin C complex for
stress support*



Doctor Wilson's
Original Formulations®

Formulated by Dr. James L. Wilson

*“I created Vitamin C Complex because I couldn’t find a vitamin C product that fully meets the specific needs of people who are under stress or who are experiencing adrenal fatigue.”**
— Dr. James L. Wilson

Dr. Wilson's Vitamin C Complex™

Formulated to compensate for increased metabolic demand for vitamin C during stress*

Designed for people experiencing adrenal fatigue and/or stress, and as a superior vitamin C for regular daily use*

1:2 ratio of citrus bioflavonoids to ascorbic acid enhances vitamin C antioxidant potency*

Integrated sustained release promotes absorption and cellular utilization*

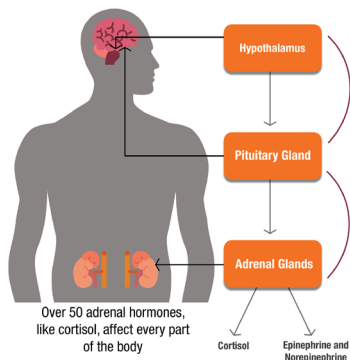
Bioavailable trace minerals support adrenal function and antioxidant formation*

One of the 4 supplements in Dr. Wilson's Adrenal Fatigue Protocol®*

Buffered with minerals to be gentle on stomach*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HPA-Axis Feedback Loop



Vitamin C and stress

Vitamin C is essential to the health and proper function of your stress response system, the hypothalamus-pituitary-adrenal (HPA) axis.* It is so important to your ability to handle stress that your adrenal glands have the highest concentration of vitamin C in your body and your hypothalamus has one of the highest concentrations in your brain.* Stress greatly increases your need for vitamin C, yet vitamin C deficiency is one of the leading nutrient deficiencies in the United States.* Among other functions, vitamin C acts as a cofactor in stress hormone and neurotransmitter synthesis, contributes to the maintenance of healthy stress glands and neural networks, and is an important antioxidant in your body.* During stress, damaging free radicals are produced at an accelerated rate, making the protective antioxidant capacity of vitamin C even more crucial to your stress resistance and overall health.*

Vitamin C and immune function



Vitamin C plays a key role in your immune function as a cofactor for enzymes involved in immune regulation, as a stimulant for immune cell activity and as an enhancer of immune system destruction of pathogens.* Vitamin C is necessary for an effective immune response but

it also helps protect your body from damaging side effects of immune activity.*

Vitamin C and tissue health

Vitamin C is indispensable to the health of every tissue in your body.* Collagen, the main structural protein of human tissues, is dependent on vitamin C for its formation and maintenance.* Healthy bone calcification and density require vitamin C.* Even the production of ATP for cellular energy needs vitamin C.* As a potent water-soluble antioxidant, vitamin C helps suppress production of free radicals and neutralize reactive oxygen species (ROS) throughout your body that damage cells and cause degenerative processes.* Injury, inflammation and stress all use vitamin C at an accelerated rate.*

Suggested use



1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired). The sustained release of nutrients in each caplet lasts for approximately 3-4 hours, so spreading the caplets out throughout the day helps ensure a steady, continuous supply of vitamin C, minerals and bioflavonoids.* For more information about using Vitamin C Complex in combination with other supplements formulated by Dr. Wilson for adrenal fatigue and stress, see Dr. Wilson's Adrenal Fatigue Protocol® at adrenalfatigue.org.

Quality you can trust

Expertly formulated by a physician, Adrenal C Formula contains only high quality ingredients and is manufactured in accordance with the FDA's current Good Manufacturing Procedures (cGMP) to assure purity, potency and quality.



Companion Products

by Dr. Wilson

got stress?
we've got the solution.®

DURING STRESS AND ADRENAL FATIGUE: Dr. Wilson's Vitamin C Complex is designed to work with Dr. Wilson's Nutrients®



“Sometimes you think vitamin C is just vitamin C but switching back to Dr. Wilson’s Vitamin C Complex has made all the difference for me!” –

Carol R.